

October 2018 Lunch Keystone



**KEYSTONE
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti with Meat Sauce Garlic Knot Green beans Fruit Milk Salad Bar	2 Southwest Chicken Sub French Fries Fruit Milk Salad Bar	3 Beef Soft Taco Refried Beans Chips and Salsa Fruit Milk Salad Bar	4 Ranch Roasted Pork Loin/Dinner Roll Roasted Carrots Mashed Potatoes and Brown Gravy Fruit/Salad Bar Milk	5 Pizza Bar Caesar Salad Fruit Milk Salad Bar
8 Cheeseburger Mac Cinnamon Stick Green Beans Fruit Milk Salad Bar	9 Taco Soup Chips and Salsa Beans Fruit Milk Salad Bar	10 BBQ Chicken Flatbread Garden Salad Doritos Fruit Milk Salad Bar	11 Southwest Chicken Pot Pie Biscuit Roasted Carrots Fruit Milk Salad Bar	12 Cheeseburger Tater Tots Fruit Milk Salad Bar
15 Corn Dog Ruffles Mac and Cheese Green Beans Fruit Milk Salad Bar	16 Mexican Flatbread Chips and Salsa Beans Fruit Milk Salad Bar	17	18	19
22 Pineapple Glazed Ham Green Beans Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	23 Chicken and Noodles Dinner Roll Roasted Carrots Fruit Milk Salad Bar	24 Homemade Burrito Mexican Salad Chips and Salsa Fruit Milk Salad Bar	25 Breaded Chicken Sandwich Baked Beans Doritos Fruit Milk Salad Bar	26 Breakfast for Lunch Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit Milk Salad Bar
29 Chicken Spaghetti Garlic Knot Green Beans Fruit Milk Salad Bar	30 Cheeseburger Tater Tots Fruit Milk Salad Bar	31 Mummy Dogs Mac and Cheese Sweet Potato Fries Fruit Milk Salad Bar	1 BBQ Pulled Pork Sandwich Baked Beans Ruffles Fruit Milk Salad Bar	2 Stromboli Caesar Salad Marinara Sauce Fruit Milk Salad Bar

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER