# October 2021 Lunch
# Keystone

KEYSTONE
FOOD SERVICE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | | 1<br>Cheeseburger<br>Ruffles<br>Baby Carrots with Ranch<br>Fruit<br>Milk |
| 4<br>Steak Fingers<br>Mashed Potatoes and Gravy<br>Dinner Roll<br>Fruit<br>Milk | 5<br>Pizza Pasta<br>Green Beans<br>Garlic Breadstick<br>Fruit<br>Milk | 6<br>Chicken Fajitas<br>Refried Beans<br>Chips and Salsa<br>Fruit<br>Milk | 7<br>Pork Loin<br>Roasted Carrots<br>Dinner Roll<br>Cookie<br>Fruit<br>Milk | 8<br>Breaded Chicken Sandwich<br>Garden Salad<br>Ruffles<br>Fruit<br>Milk |
| 11<br>Chicken Spaghetti<br>Breadstick<br>Green Beans<br>Fruit<br>Milk | 12<br>Beef Nacho Bar<br>(Beef, Queso, Beans)<br>Chips and Salsa<br>Fruit<br>Milk | 13<br>NO SCHOOL<br>FALL BREAK | 14<br>NO SCHOOL<br>FALL BREAK | 15<br>NO SCHOOL<br>FALL BREAK |
| 18<br>Popcorn Chicken<br>Mashed Potatoes and Gravy<br>Dinner Roll<br>Fruit<br>Milk | 19<br>Pig In a Blanket<br>Mac and Cheese<br>Baby Carrots<br>Fruit<br>Milk | 20<br>Cheeseburger<br>Baked Beans<br>Ruffles<br>Fruit<br>Milk | 21<br>Chicken and Noodles<br>Green Beans<br>Dinner Roll<br>Fruit<br>Milk | 22<br>Personal Pizza<br>Caesar Salad<br>Fruit<br>Milk |
| 25<br>Biscuit & Gravy<br>Scrambled Eggs<br>Sausage Patty<br>Breakfast Potatoes<br>Fruit<br>Milk | 26<br>Chicken Soft Taco<br>Mexican Salad<br>Chips and Salsa<br>Fruit<br>Milk | 27<br>Grilled Cheese Sandwich<br>Tomato Soup<br>Baby Carrots with Ranch<br>Fruit<br>Milk | 28<br>Homemade Chili<br>Chili Beans<br>Dinner Roll<br>Fruit<br>Milk | 29<br>Turkey & Cheese Sub<br>Coleslaw<br>S'More Pudding<br>Fruit<br>Milk |

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*